

Relaxation-Focused Itinerary

7 DAYS OF BEACHES, WELLNESS & SLOW LIVING | ABOARD PURELYBLU

Perfect for: Couples seeking romance, families wanting quality time, or anyone needing to truly disconnect and recharge in paradise without rigid schedules.

Day 1 – Arrival & Settle In

STANIEL CAY | GENTLE WELCOME

- Arrive Staniel Cay Airport (TYM), leisurely transfer to PurelyBlu
- Board vessel at your own pace, meet Captain Sammy and crew
- Brief orientation (no rush, no pressure)
- Settle into your cabin, unpack, and breathe
- Afternoon: Relax on the trampoline with a book
- Optional gentle swim at anchor
- Sunset yoga on deck (or simply watch the sky change)
- Welcome dinner with candlelight, no timeline

Overnight: Staniel Cay

Day 2 – Private Beach Day

YOUR OWN SLICE OF PARADISE

- Sleep in — breakfast served whenever you're ready
- Short sail to a secluded beach (uninhabited island)

- Drop anchor, no other boats in sight
- Morning: Wade in ankle-deep turquoise water, float, or nap in the hammock
- Beach picnic lunch under palm trees
- Afternoon options:
 - Gentle snorkeling (calm, shallow reef)
 - Beachcombing for shells and sea glass
 - SUP yoga or meditation on paddleboard
 - Simply lie in the sun
- Return to boat for chef-prepared fresh fish dinner
- Stargazing from the cockpit with a glass of wine

Overnight: Secluded anchorage

Day 3 – Morning at Anchor

NO PLANS = PERFECT PLANS

- Coffee or tea in bed (delivered to your cabin)
- Morning: Stay aboard
 - Read on the foredeck cushions
 - Journaling with ocean views
 - Couples massage on deck (can be arranged)
- Brunch whenever you're hungry (chef's pastries and tropical fruit)
- Gentle afternoon sail to Pipe Creek (short motor, peaceful waters)
- Afternoon: Kayak through mangroves at your own pace
 - Serene paddling, no currents
 - Birdwatching and photography
 - Return to boat when you feel like it
- Sunset cocktails on the trampoline
- Dinner under the stars (request your favorite cuisine)

Overnight: Pipe Creek

Day 4 – Wellness & Water

MIND, BODY, OCEAN

- Sunrise yoga on deck (optional, gentle flow)
- Healthy breakfast bowl with fresh fruit and local honey
- Morning: Float therapy
 - Use floating mats in crystal-clear water
 - True weightlessness, total quiet
 - Meditation in the water
- Lunch: Light, fresh, energizing
- Afternoon: Gentle snorkel at Thunderball Grotto
 - Swim-through caves (non-strenuous)
 - Colorful fish, no pressure to dive deep
 - Return to boat whenever ready
- Late afternoon: Hammock time or nap in your cabin
- Evening: Chef's tasting menu (slow, multi-course dining)

Overnight: Near Thunderball Grotto

Day 5 – Famous Pigs & Sandbar Picnic

THE ONLY 'MUST-DO' – DONE GENTLY

- Leisurely breakfast, no early wake-up
- Mid-morning: Visit the swimming pigs at Big Major Cay
 - Feed and photograph them at your own pace
 - Walk the pristine beach
 - Swim in the shallows
- Sail to a private sandbar (appears only at low tide)
- Picnic lunch on the sandbar:
 - Gourmet spread on a blanket
 - Wade in ankle-deep water
 - Completely alone, 360° of ocean
- Afternoon: Return to boat for siesta
- Optional: SUP or kayak at golden hour (calm, flat water)
- Dinner: Request your comfort food favorites

Overnight: Big Major Cay

Day 6 – Choose Your Own Adventure (Or Don't)

YOUR DAY, YOUR WAY

- Breakfast in bed or on deck (your call)
- Morning: Stay aboard or explore
 - **Option A:** Sail to a new anchorage, explore a different beach
 - **Option B:** Stay exactly where we are, do absolutely nothing
 - **Option C:** Visit Staniel Cay village for local culture (10-minute dinghy ride)
- Lunch: Whatever you're craving
- Afternoon: Low-key activities
 - Floating on the trampoline nets
 - Cards or board games in the salon
 - Photography session (Captain Sammy knows the best light)

- Or simply nap, read, exist
- Final evening: Chef's surprise menu celebrating the week
- Stargazing, storytelling, reflection

Overnight: Your choice of anchorage

Day 7 – Gentle Goodbye

EASE BACK TO REALITY

- Final sunrise from the cockpit (or sleep through it, we won't judge)
- Breakfast: Anything you want, cooked to order
- Morning: Last swim, last float, last moment of peace
- Pack slowly, no rush
- Disembark by 10:00 AM (with reluctance)
- Transfer to Staniel Cay Airport feeling deeply rested

Relaxation & Wellness Features

Onboard Amenities

- **Unlimited fresh water** (1,400 gal/day watermaker) — long, luxurious showers, guilt-free
- **Full air conditioning** — escape the heat whenever needed
- **Starlink WiFi** — stay connected or completely disconnect (your choice)
- **Bose sound system** — curated playlists or peaceful silence
- **4 private ensuite cabins** — personal sanctuary for everyone

Wellness Activities (All Optional)

- **Daily yoga sessions** on deck (sunrise or sunset)
- **Guided meditation** in secluded anchorages
- **SUP yoga** on paddleboards (calm water, beginner-friendly)
- **Float therapy** on mats in turquoise water
- **Journaling prompts** and reflection exercises (provided)
- **Couples massage** on deck (can be arranged with advance notice)

Culinary Philosophy

- **Fresh, local, nourishing** — no heavy, sluggish meals
- **Flexible timing** — eat when you're hungry, not on a schedule
- **Dietary preferences honored** — vegan, gluten-free, whatever makes you feel good
- **Hydration focus** — fresh juices, coconut water, herbal teas
- **Indulgence without guilt** — if you want dessert, you get dessert

Pace & Philosophy

- **No rigid schedule** — suggestions, not itineraries
- **Short sailing distances** — maximize time at anchor
- **Privacy respected** — crew knows when to be present and when to disappear
- **Flexible activities** — change your mind anytime
- **Zero FOMO** — you're not missing anything by doing nothing

What's Included

- All meals and beverages (including wine, cocktails, premium spirits)
- Yoga mats and props
- Floating mats and lounging equipment
- Snorkel gear, SUPs, kayaks (use if/when you feel like it)
- Books, games, and entertainment onboard
- Complete flexibility with zero judgment

Book Your Relaxation Charter

Bookings & Inquiries: bookings@purelyblu.com

Website: purelyblu.com

Instagram: [@purelyblu](https://www.instagram.com/purelyblu)

Perfect for couples, families, friends, or solo travelers seeking true rest and reconnection.